

No Limits Cycling



An exciting new project for Perth and Kinross

No Limits Cycling is an exciting new project coming to Perth and Kinross.

Live Active Leisure, along with other partners, would like to see the development of an all ability cycling provision in Perth. This would involve having a variety of bikes, suitable for a wide range of users, which would be available to hire or borrow.

The project is being supported by Blazing Saddles, a national charity who support all ability cycling through the creation of adapted bike centres

We need to know a bit more about what people might like to inform the plan so we would be very grateful if you can take the time to fill in this short questionnaire by **4TH MAY**

- On paper by filling in this form and posting it or handing it into your school.
- Or online at <https://www.surveymonkey.com/r/865HNXR>
- Or by email by emailing emmaburtles@phoncoop.coop

GIVE IN TO YOUR SCHOOL or POST TO:

Sarah Halliday
Sports Initiative Administrator
Live Active Leisure
Caledonia House
Hay Street
Perth PH1 5HS

In order to kick start the project we have some exciting opportunities coming up in Perth.

ADAPTED BIKE RIDE LEADER TRAINING 1 day course to enable participants to lead/ support adapted bike sessions.

FREE ADAPTED BIKE SESSIONS for groups on Wednesday mornings from 3rd June.

TRY OUT EVENT at Fairview school on Saturday 6th June and others during BIKE WEEK in June.

MULTI ACTIVITY SPORT event including cycling on Monday 5th October for 15+ year olds.

More details to come.

1. What is your/ the individual/ the organisations interest in the Adapted Bike Centre?			
	Participant		Parent/ Carer of Participant
	Representative from an organisation		Volunteer

2. Do you think you/ the individual/ the group would use bikes from the centre?			
	Yes		No

3. How often might you/ the individual/ the organisation come to use bikes?			
	Once a week		Occasionally
	Once a month		Not sure

4. If you are representing a group how many people are in the group and are they supported?			
a. How many in group?			
b. Are they supported?			

5. Would you/ the individual/ the group need a hoist to enable access?			
	Yes		No

6. What kind of bikes would you/ the individual/ the group be interested in? (tick all that apply)			
	Childrens bikes		Bikes that take a wheelchair
	Tricycles for adults		Bikes with feet on floor
	Electric bikes		2 wheel mainstream bikes
	Tandems and other bikes with another person on board		Race Running bikes (feet on floor, trunk support)
	Others		

7. How would you like to book bikes?			
	By phone		By central booking system
	By email		

8. What would you like to do on the bikes?			
	Just have a go		Go for a ride
	Play games		Learn bike maintenance
	Learn other skills		Other

9. What other services would you like to see?			
	Bike repairs		Training
	Mainstream or adapted bike hire (short or long term)		

10. Might you, or someone you know, be interested in getting trained as a Bike Ride Leader for Adapted Bikes?			
	On April 21st. If so please email shalliday@liveactive.co.uk as soon as possible		
	At a later date		No

THANK YOU

The information provided by you will be used only for the purpose stated. In terms of the Data Protection Act 1998, you are entitled to know what personal information Live Active Leisure hold about you on payment of a fee of £10. Application should be made to: Executive Manager, Live Active Leisure Ltd, Caledonia House, Hay Street, PERTH, PH1 5HS. Registered in Scotland No SC042641. VAT Registration No 125 4634 26. A Company Limited by Guarantee and a Registered Charity No SC000175. All data collected is in accordance with the Data Protection Act 1998 and is used by LAL in accordance with the statement at the foot of the application form. It is the member's responsibility to ensure the data we hold for them is up to date and accurate.