



SAINTS, BADMINTONscotland & SAMH Get Active  
are teaming up to offer  
BADMINTON sessions in Perth

Please find below details of a pilot programme of badminton activity in support of raising awareness and the promotion of mental health in Perth and surrounding areas. This programme is being generously supported by the SAINTS.

\*Venue – Bells Sports Centre, Hay Street, Perth

\*Day – Monday

\* Session Time – 11am to 12 noon

\*Dates – starting from 7<sup>th</sup> September to 2<sup>nd</sup> November 2015

\* Cost - £2 per session

\* Equipment will be provided

\*Please wear appropriate clothing & footwear

\* Places will be limited, so it is important to register your participation with Maurice Donohue from SAMH for a referral/enrolment form - email address [maurice.donohue@samh.org.uk](mailto:maurice.donohue@samh.org.uk) .Should you require any further information please contact Maurice Donohue, SAMH (Get Active Programme Manager), or Jane Russell Tayside & Fife Badminton Development Officer at [jane@badmintonscotland.org.uk](mailto:jane@badmintonscotland.org.uk)

